

Essex



Events

www.eventsmagazines.com

Volume 16 • Quarter 2 • 2012



**May Market 2012
Rings in 60 Years of the
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First Selectman's Corner

It was the fall of 1984, I had recently ended my partnership with the other founder of Tower Labs, and I was looking for a new home for my business. A local Westerly RI realtor said there were no appropriate buildings for us in the immediate area, but he had noticed a listing that he thought might work in a far off town called Essex. We made the pilgrimage and looked at a building in the Industrial Park in Centerbrook, which was being used to store cars for Essex Leasing, and the owner of the building was Herb Clark. Lil Paul was the Realtor on this end who did the showing. After a quick tour, I commented that the building would be great, but we would need to do significant work on the interior to make it suitable for Tower to produce its products, and I didn't know how I would be able to afford what needed to be done. Lil said the owner might be willing to help, so I met with Herb; he agreed to make it suitable for my needs, we moved to Essex in the spring of 1985, and the rest is history.

By the time my family moved to town in 1988, I had learned that Essex was comprised of three villages, each with its own unique character and attributes. Moving here also allowed me to begin to understand the special place this town really is. We are graced with a natural beauty afforded by being on the Connecticut River and by being part of a community of towns

that also appreciate that natural beauty. It also became apparent to me that the people who live here are invested in preserving the special qualities of the area, and that the New England spirit of volunteerism was alive and well in Essex. Although we have a staff of paid municipal employees and elected officials, a huge percentage of the work done to maintain this town is performed by volunteers, some longtime residents, and some newcomers. Our non-profit volunteer organizations like the Land Trust, the Historical Society, the Garden Club, and many more do a yeoman's job. It's a mission of mine, as it was of all previous First Selectmen, to encourage all residents to be informed and involved. Adopt a cause! We need you! Your involvement keeps our taxes manageable and enhances the quality of life in our community.

Another area that our town excels in is the quality of the education that our schools provide. It is constantly improving, and the administrators of each of our schools work hard to make the




First Selectman Norm Needleman

continued on page 5

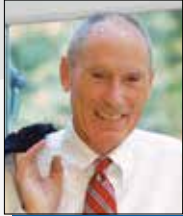
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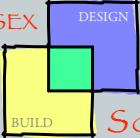
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Old Saybrook - Quintessential 3000 sq ft cedar shingle Fenwick cottage with 6 bedrooms and 5.5 baths, in ground swimming pool, wrap around porches on 2 levels, AC on 3rd floor. Possibility of 2 extra building lots. Third floor square footage not included. Offered at \$3,400,000.



Clinton - 96 FT water frontage for this elegant 4900 sq.ft home overlooking Long Island Sound. 10' ceilings, 3 story foyer, gourmet kitchen with high end appliances, american cherry wood floors and beautiful landscape are among the many special features of this house. Offered at \$3,200,000.



Old Lyme - Regal 1895 "Ludington House" set in the heart of Historic Old Lyme Village. 9,000 sq.ft of elegance with 9 bedrooms, 8 and a half baths, 8 fireplaces. Spacious kitchen, columned twin porches. Barn with 4 car bays. Mature gardens. Offered at \$1,975,000.



Essex - 1850 Federal Style Colonial on village street of historic homes with views of the CT River on unusual large lot. Wide pine floors, four fireplaces, first floor Master suite. Pristine condition, updated with sensitivity to period. Offered at \$989,000.



Deep River - Water views of the CT. River from this 1790 Cape and Guest House. Beautifully restored keeping the original & incorporating modern conveniences. 3 bedrm, 2.5 baths. Custom eat-in kitchen, Viking, Subzero, AC. 4 fireplaces. Landscaped. Water access across the street. Offered at \$849,000.



Essex - Circa 1810 Farm House renovated and expanded in 2001 on 1.62 acres of meadows, woodlands, pasture and spring fed pond. Enjoy beautiful views and water sounds from the deck, only a mile away from center of Village. New office and shop above the barn. Offered at \$590,000.

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Essex: Village Waterview. Located in the village on a most sought after street in town this ca 1800s colonial is the perfect project for one who wants to reside in the village but none of the homes are suitable. Gorgeous large .40 acre yard with barn is the perfect palette to renovate, expand and create the home of your dreams. CT River views are there for the taking.

\$675,000 Maureen Wiltsie O'Grady 860-767-8635 x 16



Essex: Contemporary split located on 2 wooded acres in walking distance to the village. Great room features brick fireplace/gas insert, floor to ceiling windows, vaulted ceiling and plank floor. Gourmet kitchen with granite counters, brick floor and top of the line stainless appliances. 4 bedrooms, 2.1 baths.

\$399,000 Beth Brewer 860-767-8635 x 23



Essex Village. Picture Postcard! 4 Bedrm Cape Cod. Short stroll into Village. Up-dated with New kitchen and remodeled baths. LR w/FP. Wood floors, spacious deck and covered Front Porch. 2 Car garage with attached Summer Room with FP. "Easy to love this home!".

\$459,000 Call Joann Stone 860-767-8635 x 24

rachelthomas.com



Old Lyme: Beach Community year round home. 4 bedroom, 2 bath home located in Miami beach area. Lovingly maintained and loads with curb appeal. Very large kitchen and living/dining room. This home also features a first floor family room and 2 bedrooms. Second floor has a large loft and another 2 bedrooms plus full bath. Beautiful 3 season porch and walkout basement completes the picture.

\$399,000 Maureen Wiltsie O'Grady 860-767-8635 x 16



Clinton: Waterfront 1920's home located at the end of a quiet side street walking distance to town. Large expanse of rear garden leading to the water with breathtaking views to the L.I. Sound. Three spacious bedrooms including the master encompassing the entire 2nd floor. Oil heat with ductless A/C, security system & wired for a generator. New windows, roof, siding and mechanicals. This home is flooded with sunlight bouncing off the water. Relax on your patio, take a dip in your brand new in ground heated pool, or have a cocktail in the spa.

\$849,900 Maureen O'Neill 860-767-8635 x 21



East Haddam: New Price! Leave the rat race behind & enjoy a comfortable & inviting lifestyle in this country contemporary. Over sized windows, open floor plan, cooks kitchen, LR with stone fireplace & deck overlooking pond & marsh. Beautifully landscaped 5 acres & 2 car garage.

\$349,000 Deb Pach x 20



William Pitt

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Essex: Waterfront and village location!!! This dramatic contemporary colonial, built in 2001, is filled with light and has sweeping views of North Cove and the Connecticut River. The design of the home, with an amazing use of windows, high ceilings and sleek lines embraces the remarkable location. The 3600 sq. foot home has 3 bedrooms, including a large master suite overlooking the water. Recent permitted dock and a 2 car heated garage. \$1,875,000



Essex: Steps to historic Essex Village, this luxury condo features rich architectural details & quality craftsmanship throughout. There is a custom kitchen, built-in bookcases, cozy fireplace & steam shower. The spacious living room leads to a balcony overlooking a sweeping lawn & with North Cove views. \$569,000



Essex: Village living at its best. New first floor luxury condo nestled among antique homes. Views of CT River. Highest quality materials, fabulous kit. w/granite & high end appliances. Private entrance, large covered pillared porch, garage. \$585,000



Holland Team
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Leslie 860.575.5144
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OspreyCam is on Again!



The Essex Land Trust is again pleased to feature its OspreyCam, situated on one of the Land Trust's properties. Our returning Ospreys are back and are busily preparing for another brood. Use the following link to see a live connection to our Osprey platform: http://www.essexlandtrust.org/11_osprey-cam.html. The Middlesex County Community Foundation/Riverview Cemetery has generously funded installation of the Essex Land Trust OspreyCam as well as the current upgrade.

Now open! Call today for a tour!



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For those suffering from Alzheimer's and other memory-related disorders, life should still be as fulfilling and active as possible. That is why The Saybrook at Haddam created Safe Harbor, a new specialized memory care neighborhood, located within our gracious assisted and retirement living community. Our compassionate and professional staff works tirelessly to give you peace of mind knowing your loved one is getting the care they need and the respect they deserve.

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• *Selectman's Corner continued from page 1* •

most out of each and every dollar they receive, either from our property tax or from the State. The educators in our towns should be applauded for their hard work and dedication.

Over the past few months we have begun to make some enhancements to the services provided by the town. We modified the budget process and have received positive feedback for our efforts. It is up to the citizens of the town to approve the budgets that have been presented by the Boards of Education, Board of Finance, and the Board of Selectmen. Difficult choices had to be made to arrive at the final numbers that were unanimously approved by the various boards. Those of us that worked on preparing these budgets hope they will be well received. Kelly Sterner, our Finance Director, with the collaboration of Bob Dixon, Town Treasurer, prepared a "Citizens' Guide to the Essex Town Budget." It was based on a similar document prepared by the Town of East Hampton. We greatly appreciate Kelly's efforts, also the East Hampton Board of Finance for allowing us to work off their format. This guide is available on our website, and printed copies can be obtained from the Town Hall.

Other goings-on in Town Hall include the first issue of Essex News, which was sent out to the citizens who responded to our request for their e-mail address in our last issue of *Essex Events*. We hope this will be a valuable tool through which we can communicate with our citizenry. If you wish to sign up for the newsletter, please send an e-mail request to essexnews@essexct.gov, and we will add your address. A group of dedicated

volunteers is working on improving our website, and we hope that a new site will be launched later this year.

As usual around this time of the year, we look forward to several upcoming events. The Garden Club, which is featured in this issue of *Essex Events*, will be hosting the May Market on Friday and Saturday, May 11 and 12. Our renowned Memorial Day Parade, which starts at the Foot of Main Street, goes past three cemeteries, and ends up in Centerbrook, at the VFW, will kick off at 9:00 a.m. on May 28th. The new season at the Ivoryton Playhouse will be under way, and the Valley Railroad as well as the River Museum will be open for business as usual.

Also, please don't forget that the stores in town rely on your business to thrive. Many people lament the fact that we no longer have the type of shopping in town that we had many years ago. It's our responsibility to support local business.

On a final note, I would like to encourage everyone to take a moment in their day to reflect on how lucky we are to live here. After almost 25 years, sometimes I just forget, in the business of my day, what a great place this really is.

— Norm Needleman, First Selectman

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CT Clean Energy Options Program-Spring 2012 Update

As of November 2011, Essex had 249 Clean Energy points. Currently 7% of the residents are involved in the program. Essex ranks 11th in the state with regard to the household penetration rate. With another 51 points, the CT Clean Energy Finance and Investment Authority will provide Essex a solar array for installation on a public building.

Essex Citizens for Clean Energy (ECCE) want to thank the Town Officials and employees and all of the residents, businesses and organizations that have chosen to participate in this program. You have made a choice for a cleaner environment, and a reduction in carbon dioxide emissions. We will all benefit by reducing the impacts of climate change.

To those people who have not yet enrolled, please consider joining the program.

- Each household can reduce carbon dioxide emissions by about 7400 pounds annually.
- You can help increase our national security by reducing our dependence on foreign fossil fuels and increasing the diversity of our energy resources.
- Be patriotic and strengthen our economy by investing in it.
- You can reduce pollution from coal, natural gas and oil fired power plants.
- You can help to insure a clean, sustainable, and cost-efficient energy future.

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Essex Citizens for Clean Energy is in the process of developing sustainability goals for the Town of Essex. If you are interested in participating in the process, please contact Frank Hall at the email address: fhall55@gmail.com.

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1,500-1,750 SF	RAKA042JAZ	3.5	\$5,700.00
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Waterfront Happenings at the Connecticut River Museum

If you're looking for some waterfront fun and adventure in the coming months, head down to the Connecticut River Museum for a variety of special events for all ages and interests. On Saturday, May 12, don't miss the annual Burning of the Ships Day when the historic 1814 British raid on Essex comes to life through storytelling, re-enactors, colonial weaponry demonstrations, maritime activities and team row boat races. It all takes place dockside from 3 pm to 5 pm immediately following the Sailing Masters of 1812 Commemoration Parade. Then at 5:00 pm, all are invited inside the Museum's Burning of the Fleet exhibit for rum, grog, and a special presentation of the night the British burned our ships and stole our rum. The program will end in time for the 8 pm start of the Regency Ball hosted by the Sailing Masters of 1812 at Essex Town Hall.

On Friday, May 18, the new exhibit *Blue Water Bound* opens to the public, chronicling eight river-to-sea voyages through model ships, ship's logs, navigational instruments, and an interactive *Life at Sea* section where young visitors can take their own *Blue Water* adventure!

For those who like their history served up gourmet style, the Connecticut River Museum's 19th Annual RiverFare is sure to deliver on Thursday, May 31 from 6:00 pm to 9:00 pm with savory bites and fine spirits from leading Connecticut restaurants and silent auction, all on the grounds of the Museum overlooking scenic Essex Harbor. Tickets are \$60 and include all food, wine, and microbrew sampling.



The annual Burning of the Ships Day – the historic 1814 British raid on Essex comes to life.

Other events include the return of Schooner *Mary E* in June for daily river cruises and charters and the *Antique & Classic Boat Show* on Saturday, July 7. For more information on these and other Connecticut River Museum programs, go to www.ctrivermuseum.org or call (860)767-8269. The Connecticut River Museum is located at 67 Main Street in Essex and is a private, non-profit organization dedicated to the study, preservation and celebration of the cultural and natural heritage of the River and its valley.

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Richard-Greene.com



Chester \$186,000
Colonial w/open front porch. Walk to the CT River, village shops, restaurants, library, town parks, musical performances, plays, several artists studios, Goodspeed at Chester for new stage productions...our version of 'Mayberry'. 860-790-1297
RoyMonte.com



Clinton \$359,000
Just steps to Clinton Harbor, marina & restaurants. Enjoy the waterview & vacation atmosphere year round. 1st flr master & c/a. With some updating this special proeprty will be perfect! One year home warranty inc. 860-306-2812
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Deep River \$2,150,000
This impeccably restored 1905 shingle style home on the CT River offers luxury living in a private setting. Great room w/twin stone fireplaces. Chef's kitchen, 820' of riverfront, dock. Incomparable. 860-559-0742
ConstanceO'Brien.net



Essex \$1,695,000
Village waterfront residence, located on Prestigious Foxboro Point, 8 rooms, 1st flr master, 4BRs, 4.5BAs, completely renovated, wood flrs, crown molding, dock, circular driveway, stone walls, lovely gardens, walk to village. 860-227-5975
JamesLeo.com



Essex \$575,000
Architecturally pleasing & well designed custom Cape w/1st flr MBR suite. Vaulted ceilings in great rm & foyer, front & back covered porches plus patio overlooking beautiful, level grounds w/enclosed dog run. Quiet no-thru street. 860-227-9798
PeterBonanno.com



Essex \$249,000
Charming antique, close to Essex Village. Many original features, beautiful fireplace with oven. Wrap around porch overlooking private, lovely yard. 2/3 bedrooms, full bath on 1st floor. 2 car detached garage. MargueriteMattison.com 860-510-2848
JanetDuncan.net 860-227-3730



Essex \$236,500
Simple Sophistication! Meticulously maintained ranch style end unit. Walkout basement provides additional finished living area. Special features include gracious living room with fireplace, hardwood floors, large deck & pond view. "Bobby" 860-662-0271
BarbaraMcBrideDoyen.com



Ivoryton \$185,000
Incredible value in this solid 2 bedroom Ivoryton Village home. Turn of the century neighborhood community within easy walking distance to Ivoryton Playhouse, library & post office. Large level lot with outbuilding. "Pat" 860-227-1587
PatrickCallahan.net



Old Lyme \$349,900
Direct Waterfront on Black Hall Pond. Wonderful condition inside & out. Low maintenance, level lot leading straight to water. Enjoy swimming, fishing & kayaking in your own back yard. Updated, heated outbuilding. 203-623-2473
LaraLuciani.com



Old Lyme \$279,000
Pristine Lake home, LR w/frplce, HW flrs, finished FR on lower level, bedrm on 1st floor, fenced level lot w/large wood deck & adorable garden shed. Steps to sandy beach. RogerParkman.com 203-676-1061
DianeGregory.com 860-395-8433



Old Saybrook \$469,000
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May Market 2012 Rings in 60 Years of the Essex Garden Club

The Essex Garden Club's May Market, a harbinger of spring in Essex for nearly 60 years, is scheduled for Saturday May 12 from 9 to 2 in the Town Park. This year, the market will also open on Friday afternoon from 3 to 5 (with the exception of Members' plants sold only on Saturday). This fundraising event, which began as a small plant sale across from the Griswold Inn (near the Red Balloon), has now become an eagerly awaited garden extravaganza and has grown as the Town Park developed into the town's jewel. It features annual plants, herbs, garlic salt, gently used home and garden treasures, special gifts for the garden, worms for composting, members' plants, a Café for lunch and a Silent Auction.

The Annuals Tent will be filled with beautiful potted plants and hanging baskets for purchase at good prices. Among the plants available will be those that attract butterflies and hummingbirds as well as plants that like sunny or shady areas. Club members will be available to assist customers in their choices. Potted herbs will also be available and can be arranged in baskets by the Club members to make charming hostess or Mother's Day gifts.

Gifts for the Garden tent will feature gems for the garden including trellises, frames, handmade items from recycled plastic, shrubs, specimen trees, containers and more.

continued on page 12



Member's Plants Booth before opening bell.



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Essex: Stunning waterfront contemporary in the village. Dramatic use of windows, high ceilings & sleek lines make this 3BR home as amazing as its panoramic views of North Cove & the CT River. Built in 2001, new dock, 3 fpcls, large MBR suite, stone walls.

M9129429 \$1,875,000
Leslie Holland 860.575.5144



Essex: Private Essex Village waterfront home c.1837 in pristine condition. Frontage and dock on Middle Cove. Fantastic views of cove wildlife, boats, marina, yacht club, village homes & CT River. Spacious kitchen/great room w/fpl, granite, SubZero, Viking. A must see!

M9132730 \$1,850,000
Rick Weiner 860.227.3191



Essex Village: Stunning historic home in the village offers 9 rooms, 4 bedrooms, 3 ½ baths and has been totally renovated. Two-car detached garage with guest suite above with private balcony.

M9131275 \$1,595,000
Linda Hicks 860.391.1269



Essex: Stunning and expansive CT River views! First time offered. This spacious ranch home has tremendous potential. One of the most magnificent home sites in Essex. Water views from LR, DR, den and all BR's. Built-ins, FP, screened porch, workshop, Private location!

M9131979 \$649,500
Kathy Schellens 860.395.4441
Kathy Murphy 860.227.7200



Essex: Shingle style "Craftsman Cottage" built in 2004 is a leisurely stroll from "Essex Village". First floor BR suite, custom kit, MBR suite w/jetted tub & sep shower + dressing room. 3rd floor media/play Rm. "April Air" Clean air recovery system. Irrigation system!

M9133252 \$629,900
Peter Allam 203.605.4320



Essex: Circa 1898 village "Queen Anne Colonial" tastefully remodeled. 3BRs, 1.5.5 baths. Large kitchen, elegant DR, formal LR, den, front & rear porch. Finished 3rd floor w/views of boat yard and CT River. Newer mechanics, roof, wood floors, A/C.

M9128034 \$599,000
Leslie Sullivan 860.391.3337



Essex: Immaculate Classic Colonial. Gracious LR w/fpl & built-ins. Stunning formal DR w/bay window. Spacious FR w/fpl. Renovated kitchen. Library/office on first floor. Wonderful location, quick walk to town.

M9131544 \$595,000
Kathy Schellens 860.395.4441



Essex: A unique village property bordering on a beautiful nature preserve with walking trails. This home offers a wonderful apartment with separate entrance, perfect as a rental, in-law or au pair suite. Well maintained and fabulous location!

M9133300 \$535,000
Jennifer & Jane Associates 860.227.6634



Essex: Village gem! Craftsman bungalow with all new mechanicals and features. Stylish village living with great expansion potential. Wonderful investment and great condo alternative. Walk to shops, restaurants, library and river.

M9132817 \$299,900
Ellen Henderson 860.961.9643

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• *May Market continued from page 10* •

The Treasures Gazebo will offer slightly used household and garden items and include the favorite Jewelry Booth.



The Treasures Gazebo.

The Club's famous and beloved garlic salt, developed since 1953 from a closely guarded recipe brought to the Club by Mrs. Malcolm Pitt, was a principal fundraiser in the early days of the Club and remains popular today. Thousands of jars have been sold and orders come from across the United States and abroad.



In 1982 members began preparing the garlic salt by peeling the garlic in open air at Betty Schellen's home. Today they make the salt at the John Winthrop Middle School kitchen.

On Saturday May 12, the Members' Plant sale, Garden Café and Silent Auction will open with the ringing of the bell. Refreshments will be available bright and early with fresh donuts and coffee. Lunch offerings will include clam chowder, sandwiches, bowls of chili and chili dogs. Top off your lunch with a luscious homemade dessert.

The Silent Auction will feature an array of goods and services donated by local merchants, such as theatre tickets, gift certificates and beautiful gifts for the home.

Finally, the sale of healthy plants, dug, potted and nurtured by members from their own gardens continues to be prized.

continued on page 13

Town Clerk's Office

Welcome to Centerbrook, Essex and Ivoryton

Darlene Crimm, 19 Blake Street, Ivoryton
Burton & Elaine Lifland, 24 Mack Lane, Essex
Mark & Nancy McDonald, 6 Mack Lane, Essex
Barbara Burgess, 50 Grove Street, Essex
Edward T. Baker, 12 Laurel Road, Essex
Judith A. Nagle, 2 Cedar Grove Terrace Ext., Essex
Cody & Monica Callihan, 14 Partridge Lane, Essex
Keith Kelley & Lisa Melnicsak, 26 Gates Road, Essex
Brendon, Garrick & Corey Johnson, Hunters Trail, Essex
Sandra J. Sikorsky, 65 Main Street - #35, Ivoryton

Loss of our Residents and Friends

July

Lena Saglimbeni

February

Virginia B. Rand

December

Constance Hieatt

Paul D. Terrien

Elizabeth Ross

William T. Mitchell, Jr.

January

Evelyn Purdy

Ronald E. Scudder

March

James V. Lorello

• **May Market continued from page 12** •

Perennials, ground cover, evergreens, flowering shrubs, grasses and even some native trees will be available. Different varieties of young tomato plants, seeded and cultivated by local Girl Scouts, supervised by Junior Activities members, will be ready for planting in our gardens.

May Market is the Essex Garden Club's only fundraising event. The proceeds are used to support the Club's educational and civic improvement projects, new and ongoing. These funds allow the Club to beautify our parks and traffic islands in the villages of Essex, Centerbrook and Ivoryton. Plantings are provided at the Essex Town Hall and at the public schools serving our students. Additionally, May Market supports programs in the elementary and middle schools, camperships for young students and scholarships for high school and college students.

Come join us one and all to find that special something for your garden!

— *Judith Saunders, Publicity*

Special thanks for help with this and our previous article (Vol.16-1), the cover, photos and historical research go to: Carol Denham, Essex Garden Club President; Betty Schellens, Past President, 1968-70, 1985-87; Jane Dickinson, Past President, 1993-95; Sheila Gleason, Past President, 1995-97; Eve Potts, Historian/Archivist and the Essex Historical Society; Judy Taylor and Barbara Donohue, Co-Chairs, May Market; Ellie Wetmore and Renate Houchin.

ESSEX TOWN HALL

767-4340 (Unless otherwise noted)

THE ESSEX TOWN HALL is open 9 a.m. to 4 p.m., Monday through Friday
 THE PROBATE COURT is open 9 a.m. to 1 p.m., Monday through Friday
 THE LANDFILL AND RECYCLING CENTER is open Mondays, Thursdays, Fridays & Saturdays, 7 a.m. to 3 p.m.

SELECTMEN'S OFFICE

Norman Needleman, First Selectman	x114	nneedleman@essexct.gov
Maria Lucarelli	x112	mlucarelli@essexct.gov

ANIMAL CONTROL OFFICER

Joe Heller	860-767-3219	jheller@essexct.gov
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ASSESSOR

Jessica Sypher, Assessor	x124	jgraves@essexct.gov
Nancy Berryman	x123	nberryman@essexct.gov

BUILDING DEPARTMENT & FIRE MARSHAL

Keith Nolin, Building Official/Fire Marshal	x117	knolin@essexct.gov
Darcy Roper	x144	droper@essexct.gov

HEALTH DEPARTMENT

Lisa Fasulo, Director of Health	x143	lfasulo@essexct.gov
---------------------------------	------	---------------------

LANDFILL/RECYCLING CENTER

Mike Birner, Supervisor	860-767-1926	
Bill Armstead		

PARK AND RECREATION COMMISSION

Richard Audet, Park & Rec. Director	x148	raudet@essexct.gov
Mary Ellen Barnes, Rec. Coordinator	x110	mebarnes@essexct.gov

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William Angier, Boris Churyk,		
James Danks, Richard Gallacher		

REGISTRARS OF VOTERS

Lois Ely	x142	
John Heiser	x142	

RESIDENT STATE TROOPER

ESSEX POLICE	860-767-1054	
Kerry Taylor, Resident State Trooper		ktaylor@essexct.gov
Russell Gingras, Corporal		rgingras@essexct.gov
Salvatore Bevilacqua, Officer		sbevilacqua@essexct.gov
Paul Kenefick		jkenefick@essexct.gov

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--------------	------	----------------------

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Megan Haskins, Tax Collector	x120	mhaskins@essexct.gov
Lynne Skinner	x121	lskinner@essexct.gov

TOWN CLERK

Frances Nolin, Town Clerk	x129	townclerk@essexct.gov
Dana Novorio	x128	townclerk@essexct.gov

TOWN HALL OPERATIONS

Mark Hiatt	x136	maintenance@essexct.gov
John Schumacher		

TREASURER

Robert Dixon, Treasurer	x127	rdixon@essexct.gov
Kelly Sterner	x122	ksterner@essexct.gov

ZONING ENFORCEMENT

Joe Budrow, Enforcement Agent	x115	jbudrow@essexct.gov
Kerry Berardinelli		kberardinelli@essexct.gov

www.essexct.gov

Essex Library

MAKE ROOM ON YOUR SHELVES; THE ESSEX LIBRARY'S SPRING BOOKSALE IS COMING! Whether you're buying for yourself, your grandkids, your hostess, or your summer house, your best bargain in gently-used books on every topic imaginable is the Essex Library's twice-yearly book sale. Those in the know line up early, but this spring's sale, on Saturday May 19th from 10 a.m. to 5 p.m. and Sunday the 20th from 1 to 5 p.m., promises a bounty of books, games, videos, music and much more, no matter when you arrive – and prices are cut in half on Sunday. There's also something very special on offer this year: a silent auction for a book and personal note signed by Katherine Hepburn. All proceeds go to support Library programs and materials, so bring your shopping bags and load up.

CHILDREN'S ROOM NEWS: Thanks to a generous grant from the Middlesex County Community Foundation, we'll explore the arts with vigor this year. We can hardly hide our enthusiasm as we plan the year ahead and search for the best programs and performers for families and children. We'll dabble in classical music, art used to accompany literature, theater and dance.

We hope to host a number of programs on different dance styles ranging from cultural, to contemporary to classical. We look forward to connecting with the Eastern Connecticut Ballet Company as well as the folks at the Green Street Arts Center of Wesleyan, CT.



Participants in the Essex Library's Mad Scientist Society succeed at testing gravity and balance at a recent program.

We anticipate inspiring an interest in classical music through a visit from our much loved local Community Music School. We plan to break the famous music of *Peter and the Wolf* down into the sounds of individual instruments and piece it together to present an on-screen interpretation of

continued on page 15



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• *Essex Library continued from page 14* •

Sergei Prokofiev's musical tale. We'll also be making musical instruments together and will enjoy a concert or two from Charles' Music School. In September we will host a multi program event put on the by the fine staff at the Eric Carle Museum of Art. We'll hold an interactive session for parents and educators addressing art and literacy and the Whole Book Approach to reading. Later that day, children can participate in the museum's "Art-Studio-to-Go" where they will engage in the creative process with art making using materials featured in the Museum's current Art Studio Program. We also plan to host a series of classes for teens who wish to learn more about graphic novel design with professional artist Frank McLaughlin. Also in the works is a reader's theater program series for little ones.

With the help of the Middlesex County Community Foundation, we hope to spark a new-found excitement for the arts and to help bridge the gap between the art education we want for all children and that which we can provide in a tough economy.

ADULT PROGRAMS: *The Charles W. Morgan* is the last surviving wooden whaling ship from the great days of sail. Built in 1841 in New Bedford, MA, the *Morgan* had a successful 80-year whaling career. She made 37 voyages before retiring in 1921. In 1941, she came to Mystic Seaport, where each year thousands of visitors enjoy getting a hands-on

introduction to the restored tall ship and learning about her place in history. Take your own journey into the story of this remarkable survivor with Mystic Seaport's Project Historian Matthew Stackpole, whose illustrated lecture will illuminate this classic ship's decay and rebirth, Thursday April 26th at 7 p.m.

You may have seen the 295-foot (spurred length) U.S. Coast Guard training ship, the *Eagle*. Coast Guard cadets and officer candidates train on her at sea, learning to handle her 23 sails and six miles of running rigging. But did you know that she was built as a German training ship in 1936? Then called the *Horst Wessel*, the ship was claimed as a war prize by the United States, commissioned in the U.S. Coast Guard and renamed *Eagle*. Tido Holtkamp has a special connection to the ship - he served aboard the *Horst Wessel* as a German naval cadet for six months in 1944. After the war, he emigrated to the U.S. and settled in Connecticut. While crossing the Gold Star Memorial Bridge over the Thames River more than 40 years ago, he caught sight of his old ship. Since then, he's sailed on her many times, and has a fascinating collection of photographs and memorabilia related to her history. Thursday, May 3rd at 7 p.m.

Documentarian Alexandra Isles will show her film *Hidden Treasures; Stories From a Great Museum*, Thursday May 24th at 7. The film, shot at the Metropolitan Museum, introduces us to museum staff who spend their days working with its treasure trove of art and objects, and develop some surprisingly

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CHESTER: CEDAR LAKE - Adorable, move in condition 2 bedroom cottage at cedar lake. Enjoy the 3 seasons at this wonderful home, great view of the lake from the cozy sleeping porch, walking distance to beach and fun! Hardwood floors. \$162,500. Easy commute to Hartford or New Haven.



ESSEX: Beautifully remodeled Colonial with open floor plan, spacious rooms, cathedral ceilings and two fireplaces. 3 bedrooms, Private master suite with remodeled bath. Gunite pool with spa, level yard bordered by stone walls. Convenient location. \$349,900. Call Peg 860-767-2621 x 114



ESSEX: Well designed & beautifully maintained custom Gambrel features a fabulous gourmet kitchen, lovely family room & 2 fireplaces as well as a large deck area on the walkout lower level. Fully set on a quiet cul-de-sac located by Canfield Woods Nature Preserve with miles of trails. Wonderful! \$645,000. Call Peg 860-767-2621 x 114



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What You Need to Know About the Essex Wastewater Management Ordinance

The Essex Health Department promotes and protects the physical and environmental well-being of residents from disease, injury and environmental health hazards through prevention, education, enforcement and collaboration. The Health Department is responsible for protecting the public health through enforcement of the State of Connecticut Public Health Code, local laws, regulations, and town ordinances.

The Health Department, in collaboration with the Essex Water Pollution Control Authority (WPCA), oversees the Essex Wastewater Management Ordinance. The primary purpose of the Wastewater Management Ordinance is to protect the public health and welfare of the town through the prevention of public health nuisances and environmental degradation that may have a detrimental impact on the quality of the town's groundwater and surface water resources.

To put it simply...the purpose of the ordinance is to protect groundwater (source of private drinking water) and surface water (local streams and rivers) from contamination caused by poor maintenance or failure of resident's onsite sewage disposal systems (a.k.a. septic systems).

We all share the responsibility of protecting surface and ground waters. The Health Department is required to ensure

proper design of onsite septic systems and each property owner is required to comply with the Wastewater Management Ordinance to maintain a properly functioning septic system.

Briefly, the ordinance states that all property owners shall have their **sewage disposal system cleaned and inspected at least once every five (5) years**. Property owners shall maintain a properly functioning septic system so as to prevent a public health nuisance and environmental degradation. It is the homeowner's responsibility to contact a licensed septic cleaner or installer to schedule a pump-out and inspection of their septic system at least every 5 years or earlier if they experience sewage backup into the home, surface effluent outside the home, or other evidence of septic system problems.

Septic cleaners and installers are licensed by the State of Connecticut and verification of licensure can be found at www.elicense.ct.gov/. The health department retains a list of pumpers, installers and inspectors who provide services in Essex. However, residents may hire any licensed professional they choose. Although pumpers are required to submit a pump-out report to the Health Department, this is not always the case, especially if the pumper is not familiar with the Essex Wastewater Management Ordinance. Therefore, residents

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• *Wastewater continued from page 16* •

should obtain a pump-out receipt from the pumper and send a photocopy of it to the Essex Health Department. Residents must ensure that the receipt clearly indicates the property address where the pump-out occurred, date of service, and name of the septic cleaner or installer.

Once documentation of the pump-out is received in the Health Department, the information is updated in a pump-out tracking database. The Health Department uses this database to track resident's compliance with the Wastewater Management Ordinance and to send reminders to residents who are due or over-due for a pump-out. The Health Department implements the Ordinance through education and cooperation with residents, commercial establishments and other property owners or, when necessary, through a legal order and financial penalty.

Now that spring is here, the Health Department is once again sending reminder notices to residents who are due for a septic system pump-out. If you receive a pump-out reminder card in the mail please contact a licensed cleaner and schedule a pump-out and inspection. If your septic system was pumped within the last 5 years and you received a pump-out reminder card, please send a copy of the pump-out receipt to the health department so that the information may be verified and the database updated accordingly.

All residents are encouraged to read the Essex Wastewater Management Ordinance located on the Health Department website at www.essexct.gov. If your property is served by a Cesspool, please contact the Health Department as soon as possible. The Wastewater Management Ordinance contains specific details related to cesspools which need to be discussed with the Health Department.

For any additional information please call the Health Department at 860-767-4340 x118.

— *Essex Health Department*

• *Essex Library continued from page 15* •

personal relationships with them. A wish-granting statue, a sword with a secret compartment, a portrait that has become a trusted mentor, a curator who travels around the world to uncover the origins of a wooden gong; you'll see the Met and its staff with new eyes. Enjoy the film and a discussion with the filmmaker about its making.

Also coming up; a series of programs devoted to your health, inside and out. We'll hear from medical specialists, mental health professionals, and diet and fitness experts, to help you spring into your healthiest summer yet. Monday Afternoon at the Opera screens a great opera film every third Monday at 2 p.m. Plus: a new writer's group, a memoir class, and more to come. We hope to see you at your Essex Library!

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Essex Park & Recreation Department

Mission Statement: Creating the Essex Community through People, Parks, and Programs!

Essex go Bragh Irish Parade & Festival. It was a Grand day for a Parade; thank you to all who came out and supported the 2nd Annual Essex go Bragh Irish Parade & Festival. Essex Park and Recreation would like to also thank our local businesses and organizations that helped make the event a success. See everyone on March 16, 2013!

Fourth of July Parade. The 7th annual Ivoryton Village Fourth of July Parade will take place on Wednesday July 4th (rain date, July 5). Stepping off at 10 am, the parade will wind its way through the streets of Ivoryton before ending at the Ivoryton Green, where there will be a patriotic ceremony. The Parade Committee extends an invitation to all residents of the Town of Essex. Gather your family, neighbors, groups of any kind and decorate your bike, scooter, wagon, tractor, truck or antique car. Come March with us on the 4th of July! Call Susie Beckman for more information @ 767-9755.

Summer Concerts. Spend your Wednesday evenings with Essex Park and Recreation enjoying the sounds of great music which make for a beautiful summer evening in our parks. Our venue changes each week letting everyone enjoy our town greens in Ivoryton and Essex. All concerts are free!

Date	Band	Location
July 11	Middletown Symphonic	Essex Main Street Band
July 18	Long Island Sound	Ivoryton Green
July 25	Gold Rush	Essex Main Street
August 1	Shiny Lapel Trio	Ivoryton Green
August 8	Blues on the Rocks	Essex Main Street
August 15	Brad & Brian	Viney Hill Brook Park

Essex Great Outdoors Pursuit. The Essex Great Outdoors Pursuit is a cooperative effort between the Essex Land Trust and Park and Recreation Department. Our goal is to bring the families of Essex together through positive and healthy outdoor endeavors, while increasing the presence and awareness of our local parks, open spaces, and preserves. Grab your passport and join us!

- Arbor Day Event, April 28
- Birding Seminar/Spring Migrants, May 5
- Fishing Clinic, May 11&12
- Great Meadows Hike & Tremendous Turtle Program, June 27
- Kayaking Program, August 9
- Mountain Bike Ride - Cockaponset State Forest, August 25
- Ivoryton 5k Run/Walk/Road and Trail Race and Pumpkin Run, October 20
- Turkey Tromp and Plunge, November 17

Parks Happenings...

- Our parks are open and ready for your use and enjoyment. We have completed a number of improvement projects in the past year that make our parks even safer and more appealing. We look forward to seeing you in our parks this summer!
- Essex Park & Recreation is proud to offer our new basketball court at Hubbard Park! This full size court enjoys all new equipment and will provide a safe and fun place for Essex kids and families to play basketball and recreate together for many years.
- Be sure to check out our Paw Park at Viney Hill Brook Park. It's a great place to bring man's best friend to run off leash and meet other dogs.
- Swimming at Viney Hill Brook Park...take a dip into our swimming hole and enjoy the clean, refreshing water at Viney Hill Brook. Lifeguards are on duty from 11 a.m. - 3 p.m. daily June 23 - August 26 this summer! A great spot for a family picnic as well ...

Essex Summer Camp...Tons of Summer FUN! Join us for our most Exciting, Engaging Summer Camp ever...sports & games, arts & crafts, field trips, fun weekly themes. For children grades K-7 (in Fall 2012) Monday - Friday from 8:30 a.m. -3:30 p.m. (extended care available), June 25 - August 17-choose any 1 or all 8 weeks. Essex Elementary School, \$115 per child per week (except weeks 2, 8).

Spring & Summer Programs - for full information please see our brochure available on our website.

continued on page 19



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Literacy Volunteers

We have a lot of fun and exciting events planned for the affiliate. We have the Dine Out for a Cause program in full effect. For those of you not aware of the program or the way it works it's really simple. You go to the restaurant on the chosen night and let your server know that your there to support literacy and a portion of your check not including tax & tip goes back to literacy.

Monday May 21st - New Deal Steak Place in Westbrook will donate 10% of the proceeds for from your total bill (excludes tax and tip).

Sunday September 16th - Oliver's Tavern in Essex will donate 15% of the proceeds for from your total bill (excludes tax and tip). Please contact me with suggestions for future "Dine Out for A Cause" events.

On June 23rd, friends of Literacy Volunteers Valley Shore, Dolly and Joe Mezzetti will put on a spaghetti supper to benefit the organization. It will be held at Clinton's Town Hall in the Green Room (basement) between 5:30 and 7:30 pm. Tickets are \$8 for adults, \$5 for children and \$20 maximum for families. Tickets can be purchased in advance from the office by calling (860) 399-0280. A few tickets will be available at the door, but they are certain to go fast.

— Peter Mezzetti, Communications

• *Park & Rec continued from page 18* •

Spring Youth Programs

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 Spring Tennis-Session 2
 Running Rams Track & Field

Start Date

next session in Fall
 April 26
 April 23
 April 24
 April 26
 April 23
 April 23
 April 23
 April 24
 April 21
 April 21
 April 18

Summer Youth Programs

SNAG Golf
 Sports Squirts
 Running Rams Track & Field Camp
 Slammy Jamma Basketball Camp
 Summer Tennis Clinics
 Baseball Camp
 Flag Football Camp
 Shoreline Girls Lacrosse Camp
 Gymnastics Camp

Start Date

June 18
 August 13
 June 25
 July 2
 June 25
 July 9
 July 23
 August 6
 August 20

Adult Programs

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 Boating Certification Course

Start Date

April 17
 next session in Fall
 April 17

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Sister Cities Essex Haiti

Sister Cities Essex Haiti is in full swing. The organization continues to inspire citizens to get involved; to make a difference. And oh what a difference they're making! There are several programs that have been initiated and continue to evolve and garner support and enthusiasm from both communities. I was fortunate to be a part of the newly-launched sports program on my first visit to Haiti in December. The program focused on tennis and, with help from American tennis pro John DeLong and the Deschapelles Tennis Committee, met with great success on many fronts.

One obvious objective was to teach tennis to both experienced and beginner players. This was met with more challenges than you might expect; there is little sense or experience with organized instruction, there are language discrepancies, cultural differences, and, facility and equipment shortages. In Haiti most children are never given an opportunity to attend school (the three hundred dollar annual tuition is prohibitive for most families) and the majority of people do not have steady work. Without these structured experiences, Haitians find that the concepts of waiting in line, taking turns, focused listening, and instruction are novel and take some getting used to.

Our French is a bit rusty and our Kreyol is essentially non-existent but the eagerness with which the Haitians help overcome the language barrier is heartwarming and at times laugh-producing. As you might imagine, much is still lost in



The newly launched sports program focuses on tennis and, with help from American tennis pro John DeLong and the Deschapelles Tennis Committee, has been a great success on many fronts.

translation. Sports are a universal language unto themselves and as such many barriers - including language - evaporate in the quest toward a common goal. It is hoped that tennis, and other sports that will be cultivated in this way, will become feeder programs. It is possible to develop collegiate or nationally worthy players affording a potential vehicle toward education and overall betterment. And there are benefits for the coaches too. It provides an opportunity for them to take ownership, gain self respect, a sense of responsibility and pride that comes with the task of teaching. After DeLong's departure, the tennis program was left to the Haitian coaches to run. DeLong will keep in touch to help iron out any remaining kinks and return periodically to provide refresher clinics.

Tennis was taught on the one and only tennis court in Deschapelles which has been there since the early 1900s when the Standard Fruit Plantation inhabited what is now Hôpital Albert Schweitzer (HAS.) The tennis court was installed for managers of the plantation. It remains on the HAS property and is available for use by the community of Deschapelles. Many tennis balls and racquets were donated by area Connecticut individuals but the bulk (35 youth racquets) were made possible with help from Gamma Tennis racquets.

The projects that have been initiated, which have all been identified by the villagers of Deschapelles, include a library, a music program, an Early Education Teacher Training Project and a sports program. Recently the second annual **Have a Heart for Haiti** fundraiser was held at the Left Bank Gallery in Essex. The event, which featured a Haitian band, an appearance by Kathy Pfeifer, author of *Haiti; Footprints in the Heart*, several photography exhibits, Haitian art and crafts sales, and Haitian food and drink, raised nearly \$30,000 for Hôpital Albert Schweitzer and Sister Cities Essex Haiti.

The library, the first big undertaking by the collaborative Deschapelles and Essex teams, has an official site since the February signing of a ten year lease for property in Deschapelles

continued on page 21

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Hot Steamed Jazz Festival

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Proceeds from the festival benefit The Hole in the Wall Gang Camp founded by the late Paul Newman. For session times and ticket information, visit www.hotsteamedjazz.com or call 1-800-343-0003.



Planning for the Future...A Look at Senior Living

Seniors who have an independent lifestyle and want to keep it should take a look at senior living communities. Gone are the days of your grandmother's rest home. Modern communities no longer even call themselves "retirement communities" because it gives the image of a "retiring lifestyle." Therefore, we have Senior Living Communities where the emphasis is on life.

Senior living communities provide opportunities to look ahead and enjoy an engaging lifestyle. The burdens of home maintenance disappear, allowing time to pursue other interests. Residents live in attractive houses, or apartments. Amenities include dining, housekeeping, fitness center, swimming pool, comfortable community space, and scheduled transportation

for those who need it. There is an array of educational opportunities both on and off site. On-site health care is available.

Residents who live in a Life Care Services, LLC senior living communities cite the following four basic benefits:

Friendly Social Fabric: A supportive atmosphere promotes friendships with other residents.

Reduced Responsibilities: Time to explore new interests.

Enhanced Health and Well-being: Easy access to social and educational opportunities, fitness programs and health care.

Worry-Free Future: Living in a safe and protective environment, a welcome relief for residents and their families.

— Marian Bairstow,
Marketing Director, Chester Village West

• Essex Haiti continued from page 20 •

where the much-needed library and community center will be built. Plans for the structure are being designed and construction is slated to begin within the year. The Early Education Teacher Training Project, while still in the early stages of development, hopes to enhance existing curricula, introduce hands-on manipulative educational materials important for the cognitive development of very young children and provide a platform to learn from one another regarding teaching strategies. The music program initiated in the summer of 2011 continues to foster an already rich musical heritage. And the tennis program is well underway with eager Haitian coaches modeling sportsmanship and dedication which in turn encourages ownership, pride and a new found sense of purpose.

If you would like to get involved in Sister Cities Essex Haiti in any way, please get in touch with us at www.sistercities-essexhaiti.org. Because if you think you are too small to make a difference, try sleeping in a room with a mosquito.

— Mary Lee Blackwell

Editor's note- In December 2012, Mary Lee Blackwell, professional writer and photography hobbyist from Old Lyme, CT, visited Hôpital Albert Schweitzer with HAS founding family member Jenifer Grant of Essex.

Playhouse Shows

The Ivoryton Playhouse will be featuring the following:

The Graduate: Adapted for the stage by Terry Johnson. Based on the novel by Charles Webb and the screenplay by Calder Willingham & Buck Henry. April 18th - May 6th.

Last of The Red Hot Lovers by Neil Simon.
June 6th – June 24th.

Hairspray – The Broadway Musical. Book by Mark O'Donnell & Thomas Meehan. Music by Marc Shaiman. Lyrics by Scott Wittman and Marc Shaiman. Based on the New Line Cinema film written and directed by John Waters.
July 4th– July 29th.

Common Sense for Maintaining Your Septic System

We are committed to maintaining the public health and safety of Essex – one step in accomplishing this is to ensure all septic systems meet current health standards. To get maximum quality and long term use from your on-site sewage disposal system (i.e. septic system) you should follow these steps:

- DO have your tank pumped at least every 5 years (two years if you have a garbage disposal).
- DO keep a record of pump-outs and maintenance. Send a copy of the pump-out receipt to the Health Department.
- DO check for running toilets – this is the most common reason for premature system failure.
- DO use bleach sparingly and drain cleaners rarely.
- DO know where your system is located – this information can be obtained from the Health Department.
- DON'T park on or drive over your system unless it has been specifically designed for that use.
- DON'T poison your groundwater – no paints, pesticides, paint thinner, antifreeze in sinks.
- DON'T use powdered detergents in washer or dishwasher.
- DON'T use the toilet as a trash can – no diapers, grease, plastics or cigarette butts.
- DON'T use commercial septic tank additives – they won't help and they may damage your system

Do not put excess solids into the system. Excess solids could cause your effluent filter to clog and will increase the need for more frequent pumping. Oils, greases, industrial/commercial wastes, toxic chemicals, cigarette butts, sanitary napkins, cat-litter, and backwash from water softeners or water treatment systems must not be put into your septic system. Putting any of these items in your system can potentially cause problems and will increase the likelihood of premature failure. It is also noted that the CT Public Health Code does not allow backwash from water treatment systems to be discharged into septic systems.

Be aware of how much water you are using and avoid using excess water. Toilet flushing can constitute 25 percent of water usage in a household. Set your washing machine on the proper load setting so that you are not using more water than needed.

Do not park vehicles or place other large objects on your septic system. This may compact the soil and reduce its ability to treat wastewater. It may also damage the network of pipes within the system. Avoid planting water-loving shrubs with deep root systems or trees near the leaching system, as roots could damage the pipes or clog the leaching system. Water from sump pumps, roof leaders, yard drains, etc. must always be discharged away from the septic system area. The repair of

continued on page 23

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Essex Land Trust Events

Arbor Day Celebration - Saturday, April 28, 9 am-12 pm at Essex Town Hall. Join us in planting a next generation of trees at Cross Lots and other ELT properties in celebration of Arbor Day. Learn from demonstrations of techniques for successful tree planting. This event will also include family friendly activities. All ages and abilities are welcome. This is an Essex Great Outdoors Pursuit event. Rain or shine. Park at Essex Town Hall, 29 West Avenue, Essex. Refreshments served.

Walk & Talk: Spring Bird Migrants - Saturday, May 5, 8 am-10 am at Viney Hill Brook Park. Join Essex resident and birding enthusiast, Jim Denham, in exploring Viney Hill Brook Park in search of arriving bird migrants. Early May is an ideal time to watch the arrival and passage of forest dwelling birds as they set up nesting territories or bulk-up on their migration northward. Learn how to spot warblers, woodpeckers, sparrows and other avian denizens in one of our town's unique parks. Bring binoculars and wear good walking shoes. Meet at the parking lot

next to the pond. This is an Essex Great Outdoors Pursuit event. The park is accessed off Hillside Drive in Essex. Rain or shine. Ample parking is available near the pond. Refreshments served.

Walk & Talk: Great Meadow Walk & Turtle Talk - Wednesday, June 27, 5-7 pm at Pettipaug Yacht Club. Enjoy one of the Land Trust's most stunning preserves with naturalist Phil Miller, leading our walk from 5:00-6:00 pm. At 6:15, Kasha Breau, Connecticut Audubon educator, will join us at Pettipaug Yacht Club for a presentation: "Tremendous Turtles of Connecticut." This is an Essex Great Outdoors Pursuit event. Rain or shine, with talk taking place indoors at PYC if weather is bad. BYO picnic to enjoy after the talks. Entrance to Pettipaug is located between 143 and 145 River Road, Essex.

The Essex Land Trust 2012 Annual Events and Activities Calendar is supported by a grant from The Rockfall Foundation, Middletown, CT.

• *Septic System continued from page 22* •

failing septic systems can pose a significant expense to property owners or to the local tax payers if municipal sewer lines need to be extended to a particular area.

It is far less expensive to properly maintain a septic system than to replace one.

If you have any questions or would like additional information regarding septic systems or have any other Public Health questions, please contact the Health Department at 860-767-4340 x 118.

— Sanitary Waste Commission & Essex Health Department

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1st Annual 5K Run for Chris/Run for Education



RUN FOR CHRIS/Run for Education. 1-3-5 odd man & woman. Saturday, June 23rd, Essex Town Hall. Registration opens at 7:00 a.m. Kids Fun Race at 8:15 a.m. Race starts at 8:45 a.m. To Benefit the Chris Belfoure Memorial Fund at Middlesex County Community Foundation.

Vibrant and charismatic, Christopher Belfoure had a magnetic energy that drew people to him. He inspired others to pursue their dreams, and to step out of their comfort zones.

Born on February 9, 1987, in New Haven, Connecticut, Christopher was raised in Ivoryton, Connecticut, where he attended Essex Elementary School, John Winthrop Middle School, and Valley Regional High School, from which he graduated in 2005. After completing high school, Christopher moved on to West Virginia University, where he graduated in 2010 with a degree in History and Chinese. While attending WVU, Christopher completed a Study Abroad Program, spending a semester in China where his interest in the Chinese culture and language grew. Christopher's passion to better understand the Chinese culture led him to become fluent in Mandarin Chinese.

Just as Christopher had an appreciation and respect for diverse cultures, he held similar views about and a passion for protecting our environment. Christopher was a strong advocate for environmental initiatives such as recycling and carpooling, and constantly championed these causes. In doing so, Christopher

spent time with The Citizen's Campaign for the Environment, whose focus is promoting an awareness of and advocating for the protection of our natural resources and public health.

Christopher's strengths included always attempting to reach beyond his limits and never be willing to settle for mediocrity. His determination to work to his fullest potential was a message he encouraged others to follow, no matter what their dreams and aspirations. It was Christopher's mission to make the world a better place through environmental changes and educational opportunities. Christopher had a plan and the plan was to make a difference in the lives of others.

In July 2011, Christopher's life was cut short by a tragic accident. In his memory, the Chris Belfoure Memorial Fund has been established at The Middlesex County Community Foundation. The fund will serve as a catalyst toward integrating multicultural experiences, a broader understanding of people around the world, learning foreign languages, and integrating environmental programs into the schools and programs of the libraries of the Lower Valley of the Middlesex County.

The following was written by Christopher to a friend who was about to depart to study abroad; it was his philosophy on how one should live life: "Embark on your journey and only look forward. Not too fast but not too slow. It is the ones who remain idle that get lost in the memories of the past and not the dreams of the future. We as human-beings need to dream again once more."

continued on page 25



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Ivoryton Playhouse

On a chilly weekend in February, I sat in a large auditorium at Pace University and watched over 150 performing arts students from all over the country singing and dancing and laying their hearts on the line for the opportunity of a summer internship with one of the many theatre companies present. I wish I could have cast them all! There was so much talent in the room it put AMERICAN IDOL to shame!

I am thrilled to announce that, with help from one of our supporters who participated in the intern program here in Ivoryton over 40 years ago, we are going to be bringing in 4 performance interns and 2 technical interns to spend the summer here getting hands-on experience in a busy professional theatre.

The interns will be performing in two of our summer shows, HAIRSPRAY and OLIVER. They will also participate in Master Classes and workshops and will present one of the shows in our Summer Children's Series.

For over 80 years, actors have been coming to Ivoryton in the summer season to hone their skills and delight audiences from all along the shoreline and beyond. We are so



Adam Fane



Sam Schrader

happy to keep this tradition alive – and who knows, one of the young interns you see here this year could be mentioning Ivoryton in their Oscar acceptance speech one day. And you can say "I knew him when...!"

See you at the Playhouse.

— Jacqui Hubbard, Executive/Artistic Director

• **5k Run for Chrts continued from page 24** •

Applications for the 5K can be found online at www.raceit.com/register/?event=9564. For more information about the race, "Like" Run for Chris 2012 on Facebook. Contributions to the fund can be made at www.middlesexcountycf.org.

Any questions please contact Robin Chapin at robinc83@gmail.com, 860-767-1541; or Cathy Bishop at cbishop56@sbcglobal.net, 860-767-0354.



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Specialized Hip Surgery Helps Patients Stay Active

Some people never know they have the condition until they're older. Others, especially those people who lead very active lives, realize there's a problem early on, some as early as their teens. The problem is something called "hip impingement," and an orthopedic surgeon at Middlesex Hospital who specializes in sports medicine, is now performing a new procedure to get people who have the condition back in action for the long run.

David Hegan, M.D., who joined Middlesex Orthopedic Surgeons about three years ago, has performed more than 100 hip impingement surgeries since first coming to Middlesex Hospital.

"One of the things that attracted me to this area," said Dr. Hegan, was the opportunity to fill a need for a surgeon who could perform this type of surgery. There are only a handful of surgeons in the entire state of Connecticut who are currently doing this type of procedure."

The goal of the procedure, said Dr. Hegan, is to preserve the hip joint, rather than replace it, through an arthroscopic approach. Hip impingement is usually a developmental problem. The bones of the hip (ball and socket) develop in an abnormal way, so people have less range of motion and more stiffness. The ball and socket collide in an asymmetrical way, which causes the cartilage to become damaged. The combination of an active lifestyle, with the developmental abnormality, can cause problems early on in life, sometimes as early as the teenage years. The noninvasive surgery involves going into the joint and shaving off the excess bone to restore the hip joint to its normal shape and function. The arthroscopic approach is just as effective, if not more so, than traditional, open surgery and patients' recovery is quicker, they experience less pain and are able to get back to their normal activities, including sports, much faster. Yankees' third baseman Alex Rodriguez, Boston Bruins' goalie Tim Thomas and the sprinter Tyson Gay are just a few of the professional athletes who have had the surgery.

In his role as a team orthopedist at Wesleyan University, Dr. Hegan has seen young athletes with this condition and has performed successful hip impingement surgeries on them using the arthroscopic approach.

"My specialty in arthroscopy and sports medicine is really geared toward patients with a more active lifestyle," he admits. But the definition of "active lifestyle" is constantly changing. Years ago that would have been people under 40, but active Baby Boomers have changed the picture dramatically. Dr. Hegan's youngest hip impingement patient was 17 and his oldest so far was 52.

"A lot of my patients are people over 40 who don't want to give up their active lifestyles, and for good reason. It's really fun trying to keep these people active and moving and "in the game" so to speak, and it's rewarding because they have a bit more perspective on things than perhaps those in their teens and 20s," explained Dr. Hegan.

For more information about hip impingement surgery, go to www.davidheganmd.com or <http://orthoinfo.aaos.org/topic.cfm?topic=A00572>. To contact Dr. Hegan: Middlesex Orthopedic Surgeons, 410 Saybrook Road, Suite 100, Middletown, CT 06457. Phone: (860) 685-8940.



David Hegan, M.D., has performed more than 100 hip impingement surgeries. The goal of the procedure, said Dr. Hegan, is to preserve the hip joint, rather than replace it, through an arthroscopic approach.



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Estuary Council

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Donate Your Car or Boat to the Estuary Council. Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

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PAINTED CHAIR AUCTION: Sunday, June 3rd, 5 – 8 pm. The Painted Chair Auction will feature chairs painted by local artists, which will have been on display at businesses in the nine town Estuary region during the month of May. This event will include wonderful hors d'oeuvres, wine and live music. If you are interested in painting a chair or in adopting a chair for display at your place of business, please call Sandy at 860-388-1611. All proceeds benefit the Meals on Wheels program.

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location beyond the nine-town estuary region. Call Judy at 388-1611. Suggested donation of \$35.

CAFÉ MEAL SITES - Chester, Clinton, Old Lyme, Old Saybrook, & Westbrook. Reservations required by calling 860-388-1611 by 11 a.m., 24 hours in advance.

SATURDAY FAMILY BREAKFAST at the Old Saybrook Café, 8 am - Noon. Join us on Saturdays for made to order breakfast - just \$5 per person! Menu choices include the Estuary Omelet, Pancakes, Oatmeal, or Eggs-any style. All served with home fries and bacon or sausage, juice or fruit, coffee and milk.

MEALS ON WHEELS – hot meals delivered to your home. Call Diane at 388-1611. A \$3.00 donation request for those aged 60+ ; otherwise cost is \$11.25. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

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The Child & Family Essex River Valley Auxiliary

The Child & Family Essex River Valley Auxiliary spring and summer events calendar is brimming with something for everyone from fashionistas to horse racing aficionados and car enthusiasts, so plan to join in on the fun.



On April 25, members will stroll the runway in the latest offerings from some of our favorite local shops at a Spring Fashion Show hosted by Essex Meadows, with wine and beverages and a spring buffet of hors d'oeuvres and deserts by their chef. Contact Phyllis Graf at (860) 767-2328 for tickets.

Bright silks and some thundering hoofs, live music and fabulous hats will bring in the Kentucky Derby Party, to be held race day, May 5 at the River Road home of Adrienne and Paul Forrest, overlooking the Connecticut River. Contact Yolanda Lowe 860-767-1317 for tickets.

A spring Potluck Supper will be held the evening of June 19 at the home of Lucy Rutherford on New City Street to welcome new members and interested guests. Contact Alice VanDeursen at 860-767-2224.

Runway Flashback 2012 will once again be the mid-summer event featuring a Vintage Fashion Show, a stable of antique automobiles and dinner on the lawn at the E.E. Dickinson Mansion. Scheduled for July 15, this will be a Summer Soiree, not to be missed. Contact famah@comcast.net for tickets.

In sporting terms, the auxiliary can boast a deep bench of talent and experience among its membership and a broad reach. Participants hail from the three villages of Essex, Old Saybrook, Deep River, Chester, the Lymes, Westbrook, East Haddam, Norwich, Clinton, and as far as Avon. Chair Pat Mackenzie Thompson, Vice Chair Lois Thomsen, and auxiliary members are often among the first to spot newcomers in town and extend a warm welcome and an invitation to the next meeting or an upcoming event.

These annual fund-raising efforts help to finance a 202-year-old tradition of providing critical services for children and families in crisis, carrying forward a legacy of caring which began in 1809, when a well-spring of Hartford women established the Female Benevolent Society to provide for the needs of an increasing population of neglected and orphaned children. Renamed the Children's Aid Society, it began a collaborative effort with The Mission in New London, where the need seemed most pressing. Over its long service history the organization has earned the support and respect of philanthropists and civic-minded individuals as it has evolved into the largest, private, non-profit children's service provider in Southeastern Connecticut. In 2011, covering 79 towns in its

continued on page 31



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New Safe Harbor Memory Care Neighborhood Opens

The Saybrook at Haddam assisted living retirement community is thrilled to open our new Safe Harbor Memory Care neighborhood. This warm and inviting neighborhood “village” is located in a one-story wing of The Saybrook at Haddam, and was created specifically for individuals suffering from Alzheimer’s, dementia, or other memory-related disorders.

We designed the Safe Harbor Memory Care neighborhood to be a beautiful, open and engaging environment. Our common-area living room is very home-like with comfortable chairs and couches, a large television, games, and books. Residents enjoy family-style meals each day in our large, open dining area. Both of these rooms are available for use anytime throughout the day for visits with family and friends, or enjoying our many social activities. These areas overlook our outdoor walking garden and patio. Each private or shared studio apartment is also light and open, featuring seating areas, a small kitchenette, and a spacious bathroom.

Entering Safe Harbor is like walking down the main street of a village. As you stroll along the path, you pass a park and café setting with table, chairs and striped awnings. You then pass a “neighbor’s house” (which is a large mural of a lovely yellow house), and make your way to the beach and boardwalk (another mural). The doorways are decorated with wreaths. Additionally, our secure entries and exits blend into the surroundings.

The philosophy at Safe Harbor is that life is made up of many little touches, events, and small happenings every day, and it is our job to use these little opportunities to create happy moments. Our team works closely with doctors and families to provide a personalized memory care plan for each resident - so they can be their best at every moment of the day.

We were able to show off Safe Harbor during a “preview”

open house in December, when we invited professionals and the community to tour this newly completed specialized memory care neighborhood. Many guests told us the open spaces, inviting layout, and warm environment was ideal for anyone living with a memory-related disorder. You are welcome to schedule a private tour by calling 860-345-3779.

— Kathy Ryan, Executive Director, The Saybrook at Haddam

Kathy Ryan is executive director of The Saybrook at Haddam, (www.thesaybrookathaddam.com), a 74-apartment assisted living retirement community located in the heart of the Connecticut River Valley region. The community provides independent retirement living services as well as assisted living services (provided by its state-licensed Agency).



A “Neighbor’s House” mural.

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• *Child & Family continued from page 29* •

service area of New Haven, Middlesex and New London counties, it assisted 17,000 children and their families.

A staff of just over 170 professionals includes social workers, physicians, psychologists, teacher's aides and nurse practitioners. The agency provides Child and Family Guidance for the prevention of child abuse, and the treatment of family violence; Child Development Services for the day-care of infants and toddlers, and a safe haven of after-school programs for older children, nurturing personal development with the aid of such programs as one-on-one volunteer readers and seasonal theatrical performances; Health and Social Services through school-based and school-linked Health centers, and support for adolescent women and their infants, through the Young Parents program, and Prevention and Education services, providing workshops and publications to local professionals and an international internet audience.

To become a member, a volunteer or a donor, or to learn more about the work of the agency please go to www.cfa-press.org, or call (860) 443-2896 Ext 1403.

**Deadline for the next issue of
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GUESS WHAT???

**Brian has been named a
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Yes! He was named a FIVE STAR Real Estate agent, AGAIN!!!! Of course this is great news for us...but what could it possibly mean to you, you ask? Good question, you should ask it. Here is why this is important to anyone who needs to sell their home and/or buy a new home...It means you should work together with Brian (and Leslie too).

Here's why - The award is only given to agents who have scored highest in client and industry peer based research, conducted by an independent company. Given to just 7% of real estate agents in any market area and just under 3% earn this award for two or more consecutive years. Real Estate agents are not able to "buy" their way onto the list, but are evaluated by consumers and industry peers on 9 criteria: customer service, integrity, market knowledge, communication, negotiation, closing preparation, finds the right home, marketing of home, and overall satisfaction.



TRANSLATION: Clients who actually worked with Brian in the past year (2011) said he was excellent to work with. Clients who worked with Brian in 2010 said the same thing! He does a great job for his clients and they are happy to tell others about his service and skills. (P.S. - Thank you clients!) So if you work with Brian you will be working with a great Realtor who will help you every step of the way to get your home sold or find the new home that is just right for you.

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Essex Historical Society Hosts "A Taste of the Roaring 20s"

On January 16, 1920, the United States launched what some considered to be one of the maddest follies in its history. The 18th Amendment to the U.S. constitution, titled the National Prohibition Act, became law, making the sale or distribution of liquor, beer and wine illegal throughout the country.

President Hoover called the amendment "noble in motive" but, though many agreed, seldom had a law been so flagrantly violated.

Americans not only continued to manufacture, barter and possess alcohol...they drank more of it. 'Moonshining' became big business, as did smuggling. Hundreds of ships were anchored three miles offshore, from Maine to Florida, offering liquor to anyone who made the trip out to them by rowboat, skiff or speedboat.

Women, who before the law was enacted had sworn off saloons, now joined men, as they came in droves to Prohibition's new offering, the 'Speak-easy', where 'cocktails' became the popular new concoction.

The Essex Historical Society ("EHS") is offering folks a trip back in time into the lively world of the 'Speak-easies' of the 1920s. On Thursday, May 10, from 6:30 to 9:30 p.m., at the INCARNATION CENTER in Ivoryton, EHS will host "A Taste of the Roaring '20s", which will showcase food, drink, music, costumes and décor from an age when ingenuity provided



The Essex Historical Society will host "A Taste of the Roaring '20s" which will showcase food, drink, music, costumes and décor from an age when ingenuity provided Americans with a variety of ways to break the law and enjoy themselves at the same time.

Americans with a variety of ways to break the law and enjoy themselves at the same time.

Guests can sample select foods, such as Beef Wellington and Oysters Rockefeller, while enjoying tastings of moonshine, inspired by the times, and a liqueur, chosen especially for this event.

Dancing the 'Charleston' to the period melodies of the E.C. Jazz Band will highlight the evening's entertainment.

Come and have fun in an atmosphere where 'being bad' for a few hours is a good thing! Tickets are priced at \$60 per person and can be purchased at the following retail establishments: **Toys Ahoy!** in Essex, **Gather** in Ivoryton, and **Bob's Centerbrook Package Store** in Centerbrook.

Space will be limited so get your tickets early! A cash bar for beer and wine will be available. For more information, please contact Linda B. of EHS at 860.575.5565. For information regarding all EHS events, please visit our website at www.essexhistory.org.



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ESSEX NEWCOMERS' GUIDE

Welcome to Essex!

On behalf of *Events Magazines*, welcome to Essex. Whether you are new to Connecticut or just new to Essex you will find wonderful people and places to visit in town. Essex has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. The Essex Library has a Welcome Bag for you. Stop by the library to pick up yours. It has information on local non-profits and will have coupons for local Board of Trade businesses. We at *Events Magazines* and Essex Printing support local businesses.

Please use this guide and "Buy Local" – we do!

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